

Goal B - Improve Health (Draft 07.15.2016- Still in progress)

	Strategies	Metrics	Lead Agency and Partners	Timeframe *	Leverage Resources
B.1: Residents enjoy good health and a strong sense of wellbeing.					
<i>Objective B.1.a.: Residents have health insurance coverage and access to high quality preventative and primary medical care.</i>					
	Promote continued health insurance coverage through outreach efforts (Metro Council newsletter, media campaigns that remind people to change their addresses when moving to maintain enrollment to avoid necessary insurance cancellation) and case management services, especially if Kentucky eliminates KyConnect and/or Medicaid cut backs.	- Maintain current number of insured households. (XX% for Russell and XX% for Beecher Terrace)	LMPHW, Family Health Center	TBD	
	Increase the number of Russell households with a medical home by working with federally qualified health centers to conduct outreach.	- Increase % of those with a medical home to XX%.	Park DuValle, Portland Family Health Center, Integrative Medical Solutions, LMPHW	TBD	
<i>Objective B.1.b. Residents experience a strong sense of well-being and have the resources needed to support their health.</i>					
	Provide trauma informed training opportunities for staff at schools, health providers, and other community organizations		JCPS, Bounce Coalition, Center for Families and Children, ????	TBD	
	Place and retain nurse practitioners and mental health counselors in Russell's schools.		JCPS/Cardinal Success	TBD	
	Reduce factors that place youth and young adults at risk for perpetrating violence and promote factors that protect those at risk of violence. (For example, social media campaigns that promote awareness about violence and foster the commitment to social change and other evidence-based prevention strategies.)	- Reduce Part I violent crime rates by XX%	U of L's Violence Prevention Program, Pivot to Peace Program (Peace Education, KentuckyOne Health, University of Louisville Office of Public Health Practice, U of L Hospital Emergency Department and Louisville Metro Government's Office of Safe and Health Neighborhoods and Department of Public Health and Wellness.), ReImage Program, Zones of Hope, LMPD	TBD	

	Increase awareness of risks and signs of mental health issues.		JCPS, Mental Health First Aid, Seven Counties Services and U of L Cardinal Success Program	TBD	
	Promote availability of affordable/free counseling services (Cardinal Success Program, Healthy Start).	- Increase participation counseling programs by XX%.	U of L's Cardinal Success Programs at Nia Center, Shawnee and Roosevelt, Healthy Start, LMPHW	TBD	
	Provide programs, classes and other services that promote healthy lifestyles (nutrition, cooking, gardening classes, community garden plots, stress management, adequate sleep, chronic disease prevention, health screenings, YMCA's recreational and diabetes programs).	- Increase the number of Russell residents enrolled in XX program by XX)	YMCA/National Diabetes Program, Extension Service, Louisville Grows, LMPHW	TBD	
	Provide expanded supports to people in recovery and/or the formerly incarcerated.		MOLO Village, Sober Living, Healing Place	TBD	
	Support Beecher Terrace residents to minimize relocation-related stress via mobility counseling, case management and other supportive services.		LMHA, NIA Center	TBD	
	Involve residents in Louisville Metro Parks West Louisville Outdoor Recreation Initiative (<i>See additional details in the WLORI spreadsheet</i>)	- Involve XX children from a Russell elementary school in the ECHO program each year. Involve at least XX Russell residents in at least one WL Outdoor Recreation activity per year.	Louisville Metro Parks, LMPHW, Outdoor Afro, Wilderness Inquiry (Minneapolis), Louisville Nature Center, KY Fish and Wildlife, Center for Health Equity, LMG Mayor's Office, JCPS, U.S. Forest Service, Wilderness Louisville, YouthBuild Louisville	TBD	pending \$10K Aetna Foundation Grant application, and pending \$1M Dept. of Labor/Kentuckiana Works
Objective B.1.c.: Russell residents have access to affordable and healthful food options					
	Improve nutrition and food security utilizing community organizations (including birthing hospitals) to help promote and sign up families in the Women, Infants & Children (WIC) program, Community Supported Agriculture (CSA) shares. Work with the Food Port to accept WIC/SNAP at their future Farmers Markets.	- Increase the number of WIC participants to XX. - Increase the number of people using the New Roots Fresh Stops CSAs, including WIC/SNAP participants to XX. - XX families use WIC/SNAP at Food Port farmers' markets.	LMPHW, New Roots, Kentucky One Health	TBD	pending Accountable Health Communities grant
B.2. Russell's built environment supports health and safety.					
Objective B.2.a.: Russell's physical environment is attractive, safe and promotes active living.					
	Conduct health impact assessments for new construction and significant rehab projects		LMPHW	TBD	
	Improve Walnut Street Park as a central wellness amenity with increased programming and a co-located and expanded Baxter Community Center.		JCPS, LMHA, Metro Parks	TBD	

	Improve and incorporate historic elements into Russell's Olmsted Parks (Baxter Square and Elliot Square)		Olmsted Conservancy	TBD	
	Create new and renewed public recreational and gathering spaces on the Beecher Terrace site and throughout Russell (playgrounds, splash parks, courtyards, labyrinths, learning nature paths, and other active/passive spaces)		LMHA, Metro Parks Department, ECHO, Foundations	TBD	
	Establish Mayor's Miles walking routes along identified corridors (Muhammad Ali, Jefferson, Magazine, 11th St., expand list, etc. .		LMPHW	TBD	
	Expand Complete Streets in the neighborhood to better accommodate cyclists and pedestrians (additional bike lanes, covered bus stops with seating, street lighting, increased tree canopy, ADA compliant sidewalks, curb cuts, crosswalks - well timed, highly visible, audio crossing indicators). Focus on identified corridors and Safe Routes to School.		LMG Public Works	TBD	
	Address safety issues that deter outdoor activity and use of public transportation through additional community policing activities, elimination of vacant and underutilized properties, lot maintenance programs, CPTED principles, etc.		LMPD, Vacant and Public Property Administration	TBD	
	Pursue partnerships to support maintenance and programming of community spaces- new community center adjacent to Central High School with shared facilities, use of existing swimming pool by general public, increase enrollment in YMCA		YMCA, JCPS, Central High School	TBD	
	Create recreational path network and expanded bike network along identified corridors (Jefferson, 9th and/or 11th, Magazine, 24th and/or 30th) using off-street and when necessary, on-street facilities designed to encourage use by a wide cross section of people		LMG	TBD	
<i>Objective B. 2.b.: Russell residents have access to community garden plots and tools</i>					
	Establish and support the operations of community gardens throughout the neighborhood.		LMG's R2/Lots of Possibility program/Louisville Grows	TBD	
	Establish a garden tool loan program		Library/Foundations	TBD	