Metro United Way Ages and Stages Questionnaires

At what age should my child sit up? Hold onto a toy? Say their first word? Parents and caregivers naturally have questions such as these about normal childhood development, particularly in the period between birth and kindergarten. One way to have some of those questions answered is to sign up for Metro United Way’s Ages & Stages Questionnaires (ASQ). Just by answering a few questions, you’ll be able to monitor your child’s early development starting at 2 months and onward up to 5 ½ years.

What is ASQ?

ASQ is a FREE, confidential, fun and interactive questionnaire. It is designed to identify your child’s strengths and provides activities to help them as they continue to learn.

How to Sign Up for ASQ:

1. Sign up for Ages & Stages Questionnaires by filling out the form or sign up online at metrounitedway.org/asq.
2. You can choose to have your first questionnaire mailed to you or you can complete it online.
3. Complete the questionnaire with your child and mail it back (if you chose to complete the paper version).
4. Metro United Way will send you results right away! You’ll also get a FREE BOOK, helpful tips, fun activities and connections to people who are willing to provide assistance as needed.
5. You will continue to receive questionnaires for you to complete at regular intervals until your child is 5 ½. This allows for your child’s progress to be monitored and any assistance provided to be tailored to their changing needs.

Upcoming Events at Baxter Community Center

We hope we will see you at one of our upcoming events:

- **Jan 24th**: Provider Showcase from 4:30 p.m. - 6:30 p.m.
- **Jan 27th**: Vision Board Party with Brekta Godwin, transformational speaker from 11:00 a.m. - 1:00 p.m.
- **Feb 12th**: Resident Leadership Council Meeting from 1:00 p.m. - 2:00 p.m.
- **Feb 19th**: Resident Meeting from 5:30 p.m. - 6:30 p.m.
- **Feb 26th**: Community Health Night Featuring Norton Hospital from 5:30 p.m. - 7:00 p.m.
Meet Beecher Terrace resident Whitney Whitehead. Whitney is a proud, single mother of three beautiful children—Grace, 4, Hazel, 6, and Mikal, 11, who all attend a Christian private school, E. L. Minnis Jr, Academy. Whitney believes in providing her children with the best education possible while ensuring that their lives and education are centered on Christ. As a family, they enjoy going to church together. The children also enjoy sports, gymnastics, and dance.

Ms. Whitehead began volunteering her time at Greater Louisville Youth for Christ to serve her community. Through her dedication and sincerity to help others, she was offered a part-time permanent job and has served as their office facilitator for two years. Greater Louisville Youth for Christ (YFC) is an organization located in the Shawnee neighborhood whose goal is to “develop more leaders... better leaders... in Christ-sharing relationships with lost and hurting young people”. Greater Louisville YFC embraces church and community partnerships for transformation of individuals and neighborhoods on every level: spiritually, relationally, physically, educationally, and socially.

As of this March, Whitney will have been a Beecher Terrace resident for four years. While living at Beecher Terrace, she has been appreciative of maintenance promptly taking care of any issues she has had in her apartment. She is also grateful that she gets along well with her neighbors. “Living in this community has helped me gain more insight into the real struggles that people have,” says Whitney. She is proud of the positive actions that she sees people make every day for their families and community despite those struggles.

Whitney is looking forward to receiving her Bachelor’s degree in Sociology from Simmons College in May of this year. Her dream is to work with single mothers. She wants to encourage them to reach their goals and have a relationship with Christ. Whitney also wants to help empower them to care for and be highly involved in the lives of their children. She knows that this may require assisting them in working through traumatic situations and connecting them to jobs or other resources. She is excited to take on these challenges and to continue to give back to her community.

Whitney welcomes the new Beecher Terrace development. She wants to see a continued decrease in crime, updated apartments and housing options in the newly revitalized community, along with grocery stores with fresh fruits and vegetables.

As you can tell, the Beecher Terrace and the larger Russell community is rapidly changing. 2017 brought several changes to families as well. Many residents have already relocated to their new homes or apartments. Others have gone back to school, received more training, started new jobs, or connected with a counselor to provide needed support.

How were all these changes possible? Through the Choice Neighborhood Initiative (CNI) grant awarded to LMHA. Not only did this award come with grant funds, it came with millions of dollars in leverage commitments from dedicated service providers within our community - services which are available to residents of Russell and Beecher Terrace at no cost.

While Beecher Terrace residents are eligible to sign up for case management through Urban Strategies, participation in case management is not required to be eligible for these leveraged services. But case management can help ensure residents maximize the use of supportive services.

To date, over 1,100 residents have signed up for case management services with Urban. These residents have been working with their case managers to design their own goals and strategies for success. Once goals are established, case managers connect families to the available no-cost services that best meet their identified objectives.

No transportation? No problem. Bad or no credit? Urban Strategies can assist with that too! Case managers will work hard with you to help remove any barriers to success and are willing to meet you in their offices or in your home - wherever you are most comfortable.

If you’d like to make some changes in your life, now is the perfect time. It’s a new year with brand new opportunities. A great way to learn about some of these opportunities is at the upcoming “Provider Connections” event that Urban will be hosting on January 24, 2018 at the Baxter Community Center. Residents of Beecher and Russell are invited to attend. Attendees will get the opportunity to be face-to-face with agencies that are hiring, offering job trainings, assisting with home-ownership, providing financial classes, helping with transportation, assisting with criminal record expungement and much, much more. Also, Jefferson County Public School (JCPS) staff will be present to answer questions on issues that impact children and families before, during, and after relocation.

There will be numerous resources and agencies on hand that are eager to offer support and guidance. They will be ready and waiting to get you started at the Provider Connections Showcase. We hope to see you there!